

Start your next step to great legs.....

YOU MAY OPT FOR COSMETIC SCLEROTHERAPY AT ANYTIME DURING THESE STEPS

Step One:

Your initial consultation includes a thorough assessment and physical examination from one of our artery and vein experts. Some symptoms of venous insufficiency include heavy, tired and achy legs. You may also suffer from restless legs syndrome, experience muscle cramping at night, tingling, burning and in some cases even open wounds. Based on the findings during your physical exam the provider may order an ultrasound. We will also start your conservative management. This includes three months of compression therapy, exercise, elevation, and if needed weight loss. All insurance companies require at least 3 months or more of conservative management before they will consider authorizing your treatment. We have included a quality of life questionnaire to help aid in the insurance authorization process for any possible treatment.

Step Two:

You will have a venous ultrasound study performed in our accredited lab. This non-invasive test will be used to evaluate whether or not you have a blood clot, to see if any of the valves in you veins are not working properly, and to map out any superficial veins in your legs. The results of this test will help determine your plan of care . A follow up appointment will be made after this test to go over your results with one of our artery and vein experts.

Step Three:

At your follow up appointment you will receive you plan of care based on your ultrasound results.

- ❖ If your venous ultrasound is abnormal and your symptoms are relieved with conservative management, and you are happy with your results, we recommend that you continue same and follow up as directed by the provider.
- ❖ If your venous ultrasound is abnormal, and your conservative management is not effective or helps some but does not relieve all your symptoms we can discuss further treatment options.
- ❖ If you decide to move forward with the VNUS closure procedure, our surgery scheduling team will complete all the necessary authorizations with your insurance company: they will discuss your benefits and assist you in completed the necessary paperwork to schedule your treatment.

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